What It's Like: A Personal Story of Suffering



0. What It's Like: A Personal Story of Suffering - Story Preface

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When she received a bad diagnosis, Janice Veldman—my sister—used poetry to track what was happening to her. I'd asked her to do this. I thought it would help her, in some way, to manage the trauma of an incurable illness.



Her doctors had given Janice the diagnosis of Lewy Body Dementia ... the life-robbing disease that had afflicted Robin Williams. It is a debilitating condition with no-known cure.

Janice is now in hospice care. I know that she has more poems in her, but it's important that she sees her first 29 works-of-art in print before she leaves this earth.

A note about her approach. As she told me: "So many books and articles are available for caregivers, but what about the person who is ill? I'm going to tell the story from the sufferer's point-of-view."

The following 29 chapters tell that story.

Credits:

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